

Queen Anne Aquatic Facility

Fees and Admissions

Under 1 year.....	Free
Youth 1-18.....	\$2.25
Adult 19-64.....	\$3.25
Seniors 65 and over.....	\$2.25
Disabled.....	\$2.25
Water fitness classes.....	\$3.75/\$2.50(sr,yth,disab.)

Swim Tickets:

FAST Pass (Adult).....	\$45.00
FAST Pass (sr/yth/disab.).....	\$35.00
Recreation punch card.....	\$20.00(\$22.00 value)
Fitness punch card.....	\$30.00(\$33.00 value)

All fees include sales tax

We accept Visa, Mastercard & American Express

Professional Staff:

Terence Irvis.....	Aquatic Coordinator
Katie Nichols.....	Asst. Aquatic Coordinator
Luke Williams.....	Senior Life Guard
Naty Acierto.....	P.P.T Cashier
Bill Burns.....	Pool Operator

Things to know

- Pool size 25 yards X 15 yards
- 1 mile= 36 laps/72 lengths
- Depth 3 feet to 12 feet
- Water temperature 85 degrees
- Mechanical Pool lift and extra wide steps with railings
- 1 & 3 Meter diving boards
- Dry heat sauna
- Two ADA accessible family changing rooms available.
- Children 6 years and older must use appropriate gender locker rooms.
- Served by Metro bus #3, 4 & 13
- Contact us through our web site www.cityofseattle.net/parks

Swim caps and goggles are available for sale

RECREATIONAL SWIMMING

Adult Swim

Monday – Friday	Noon – 1:30pm(3 lanes)
Tuesday & Thursday	**3:00-4:00pm(3 lanes)
Saturday	12:30-1:30pm (4 Lanes)

One half of the pool is set up with lanes for lap swimming. The other half is available for recreational swimming. ****Ends Nov 10**

Lap Swims

Monday – Friday	*6:00-7:30am
Monday	8:00-9:30pm
Mon/Wed/Fri.	**3:00-4:00pm
Tues/Thursday	8:30-10:00pm
Friday	5:30-7:00pm
Saturday	7:30-9:00am
Saturday	4:30-5:30pm

A session for fitness swimming. There are four speed levels (slow, medium, fast and very fast) with 6 lanes.

*Early lap swim is admission by swim ticket or checks.

*No cash accepted at AM lap swim(6-7:30am)

**** Ends Nov. 10**

Senior Swim

Monday – Friday	Noon – 1:30pm
Saturday	*11:30am-12:30pm

A recreational swim period for seniors. 3 lanes are available for swimmers interested in fitness swimming and the other half of the pool is open for floating, soaking, exercising and socializing. ***Only seniors and disabled allowed**

Public Swim

Tuesday & Thursday	7:30-8:30pm
<i>(shallow end only first half of swim)</i>	
Friday	7:00-8:00pm
Tues/Fri/Sat	1:30-3:00pm

A recreational swim for anyone. Children must be at least 4 feet, or 6 years old to swim alone; otherwise a parent or guardian must accompany them. Flotation devices are permitted with staff approval only.

Family swims

Saturday	3:00-4:30pm
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A fun swim session for parents or guardians and their children. An adult must accompany youth under 19yrs into the pool. Flotation devices are permitted with staff approval only

Free Halloween Swim- October 24 – 7:00-8:00pm

WATER FITNESS PROGRAMS

Hydro-Fit

Monday & Wednesday 11:15-12noon

Tuesday & Thursday 7:00-8:00pm

Saturday 9:00-10:00am

A non-impact exercise class that is both toning and cardiovascular. Designed for buoyancy and resistance apparatus are used in deep water. Drop in program. No prior experience required.

Water exercise

Monday & Wednesday 7:00-8:00pm

Tuesday & Thursday 11:15-12noon

A structured low impact exercise program including warm-up, stretching, cardiovascular workout and cool down. Drop in program. No prior experience required.

Oodles of noodles

Wednesdays 11:15- noon

Shallow water fitness program to enhance flexibility and balance while working with a noodle. Every one is welcome. Drop in program

Stretch and Flex

Fridays 11:15-noon

A class designed to relieve the pain and stiffness caused by arthritis. It's fun and no swimming is required. Drop in program

COMPETITIVE SWIM WORKOUTS

U.S.S. Age Group Swim Club

A year round program offered Mon- Fri 4:00-5:30pm
contact Doug @ 781-0827

U.S.S. Masters Swim Club

A year round adult program focusing on swimming and strength offered Wed/Fri/Sun.

Contact Ed @ 285-1268

Want to learn how to fly?

Beginner Diving Lesson

Tue/Thurs. 6:00-6:30 & 6:30-7:00pm

Cost: \$4.00 per half hour/\$8.00 per hour

For anyone who wants to learn the basics of diving from a 1-meter board. (For all ages) Must have level 4 swimming skills.

Intermediate Diving Lesson

Mon & Wed 6:30-8:00pm

Friday 7:00-8:00pm

Cost: 4.00 per half hour/\$8.00 per hour

This is for someone interested in diving or with prior experience. This class works on professional approach and addresses all forms of 1 meter diving

Having a Party? Celebrate your event by renting the pool.

Do it yourself or "After hours" party

Prices start at \$75.50 for a one-hour party for 30 kids or less. The most popular party is \$129.50 for one hour in the pool and one hour for a lobby party. Amenities include: floating mats, noodles, tables, chairs and a rockin' stereo system. Call for available times.

Need a little one on one?

Private lessons

Tues/Thurs. 7:00-7:30pm

Cost: \$22.00per half-hour (one person)

\$32.00per half hour (two people)

A program that is individualized to fit your personal needs.

Swimming Lessons

Tots (6 months to 4 years)

This series of lessons helps introduce you and your child to the swimming pool. Emphasis is placed on your child to relax and become comfortable in this “new” water environment. Parents accompany the child in the water.

3 year old lessons Small classes with an instructor to start your child learning basic swimming and water safety skills. Due to smaller classes the cost is \$5.50 per half-hour session.

Kinder lessons (4 & 5 year olds)

Designed to teach the basic skills of swimming and safety. This class helps build your child’s confidence and provides a solid foundation for more advanced classes.

Youth lessons (6 – 14 year old)

A progression of classes from Level 1 to Level V11. Each class builds the skills necessary to advance to the next level of swimming.

Swim Team Prep

Experience the fun of competitive swimming while enjoying being part of the team. The coaches will emphasize improving skills, building teamwork and having a good time. Eligibility for skill level V required.

Adult lessons (Adults only)

From the beginner to advanced. Skills and progress are tailored to meet the individual’s learning needs. Classes are arranged by ability.



It is the policy of QA Pool to give priority to currently enrolled students who wish to continue with lessons. New students may sign up during open registration done by lottery drawing. Sign ups are according to the number you draw and what is available.

Hints for swimming lessons.

- Please sign children up for the correct age group lessons.
- Please do not sign children up for advanced classes unless they have passed level 1-4.
- Please stay in the spectator area during lessons and keep children not in the program with you.
- Please limit shower time during high use.
- Children who are not toilet trained must wear swimming diapers or a cloth diaper with tight fitting legs. No regular disposable diapers or loose fitting suits.
- Enrich children’s swimming by coming to public and family swims on other days.
- We do not give credit or make-ups for occasional missed classes.

Refund Policy

It is the policy of the Seattle Department of Parks and recreation to provide refunds or give credit to participants who are unable to attend lessons because of injury, illness or other circumstances clearly beyond



their control. A refund may be given through the third class of the lesson series. The amount of the refunds will be for the unused portion of the swim lessons. After the third class, a credit towards another series of classes may be given to the participant. The pool manager will determine if the request for credit meets the criteria stated above.

Monday/ Wednesday Lessons

2:00-2:30pm Kinder I-IV

5:30-6:00pm Kinder I-IV

6:00-6:30pm Youth I-IV

6:30-7:00pm Adult Lessons

No classes
Nov. 11 & Nov 27

Session	Dates	#of classes	Cost	Registration Dates	Time
Session # 1	Sep. 9 – Oct. 8	10	\$40.00	Aug 29	5:30pm
Session # 2	Oct. 13 – Nov. 12	10	\$40	Oct. 10	5:30pm
Session # 3	Nov. 17 – Dec. 17	10	\$40.00	Nov. 14	5:30pm

Tuesday/Thursday

5:30-6:00pm Youth I-IV

6:00-6:30pm Swim Team Prep

6:00-6:30pm Kinder I-IV

6:30-7:00pm Youth V – VII

6:00-6:30pm Swim Team Prep

7:00-7:30pm Private Lessons

Session	Dates	# of classes	Cost	Registration Dates	Time
Session # 1	Sep. 9 – Oct. 9	10	\$40.00	Aug 29	5:30pm
Session # 2	Oct. 14 – Nov. 13	9	\$36.00	Oct. 10	5:30pm
Session # 3	Nov. 18 – Dec. 18	9	\$36.00	Nov. 14	5:30pm

Tuesday

6:30 – 7:00pm Tots /6:30-7:00pm 3 year olds

Session	Dates	# of classes	Cost	Registration Dates	Time
Session # 1	Sep. 9 – Oct. 7	5	\$20/30	Aug 29	5:30pm
Session # 2	Oct. 14 – Nov. 11	4	\$16/24	Oct. 10	5:30pm
Session # 3	Nov. 18 – Dec. 16	5	\$20/30	Nov. 14	5:30pm

Wednesday

1:30-2:00pm 3 year old

Session	Dates	# of classes	Cost	Registration Dates	Time
Session # 1	Sep. 10 – Oct. 8	5	\$30.00	Aug 29	5:30pm
Session # 2	Oct. 15 – Nov. 12	5	\$30.00	Oct 10	5:30pm
Session # 3	Nov 19 – Dec. 17	5	\$30.00	Nov. 14	5:30pm

Thursday

6:30-7:00pm Tots / 6:30-7pm 3 year old

Session	Dates	# of classes	Cost	Registration Dates	Time
Session # 1	Sep. 11 – Oct. 9	5	\$20/30	Aug 29	5:30pm
Session # 2	Oct 16 0 Nov 13	5	\$20/30	Oct 10	5:30pm
Session # 3	Nov. 20 – Dec 18	4	\$16/24	Nov. 14	5:30pm

Saturday

10:00-10:30am Kinder I-IV

10:30-11:00am Youth I-IV

10:00-10:30am 3 year old Session \$30.00

11:00-11:30am Youth V – VII

11:00-11:30am 3 year olds Session \$30.00

Session	Dates	# of classes	Cost	Registration Dates	Time
Session # 1	Sep. 13– Nov. 11	5	\$20.00	Aug 29	5:30pm
Session # 2	Oct. 18 – Nov 15	5	\$20.00	Oct. 17	5:30pm
Session # 3	Nov. 22 – Dec 20	5	\$20.00	Nov. 21	5:30pm